

**COVID-19 POLICIES & PROCEDURES**

Client and clinician safety is of utmost importance at CBH. We are taking significant precautions to provide a clean and sanitary therapy environment. To do this, we need your help.

Effective immediately and until further notice, we will not be allowing the use of our waiting room in order to comply with CDC recommendations for social distancing. Each individual office suite will allow for adequate space between the client and the clinician. There will be limited use of shared therapy toys and art supplies. We appreciate your cooperation and understanding during this challenging time.

**Appointments:**

1. Please do not attend sessions if **you or anyone in your household is acutely ill or has been ill in the past 7 days**. Similarly, if **you or anyone in your household has traveled in the past 14 days**, we ask that you reschedule your visit. We will be asking these questions one day prior to your appointment and again at each scheduled visit.
2. Please arrive at our office suite at the **exact time of your visit** and **exit promptly** after your session.
  - For children, we are requesting that they present with **1 adult**, whenever possible. An adult should **wait in their vehicle after drop-off** to the clinician. The clinician will confirm the pick-up time. Please **do not leave the parking lot** because the clinician may call you for involvement in the session. Your child **must be picked up on time**. If your child is being treated for separation anxiety, your clinician will detail a plan that is clinically appropriate.

**The CDC recommends these actions to help prevent the spread of respiratory diseases:**

- Avoid close contact with people who are sick;
- Avoid touching your eyes, nose, and mouth;
- Stay home when you are sick;
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash;
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe; and,
- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol-based hand sanitizer that contains 60% alcohol if soap and water are not available.

We appreciate your cooperation and we look forward to assisting you. Please discuss any questions or concerns with your clinician.

Thank you,

Dr. Chiariello